

VIDYA BHAVAN, BALIKA VIDYAPEETH

SHAKTI UTTHAN ASHRAM, LAKHISARAI, PIN:-811311

SUBJECT:- CCA

CLASS:- XTH 'D'

DATE:08/01/XXI

CLASS TEACHER:- MR. NEEL NIRANJAN

CCA (NATIONAL YOUTH DAY CELEBRATION- 12TH JANUARY)

India celebrates National Youth Day on January 12. This date was chosen to honor the birthday of Swami Vivekananda, one of India's greatest spiritual and social leaders. He saw hope for the future in every child and believed that with "muscles of iron" and "nerves of steel" they could bring about social change. Swami himself personified the eternal energy of the youth and a restless quest for truth. Today, almost 50 percent of India's population is under the age of 25. The future of the country rides on their shoulders — making celebrations that empower young people so important.

The main objective is to promote rational thinking among the youth, believed to be the future of the country. It expected of the youth to rise to the occasion, fight for the right and channel their inner energies, just like Swami Vivekananda would have. Numerous functions are organised in schools and colleges, where the young minds are. Speeches, music, recitation and essay-writing competitions, yogasanas, are held on this day. Students are encouraged to tap into their spirituality.

**उठो, जागो और तब तक मत रुको जब तक लक्ष्य की प्राप्ति ना हो जाये।
Arise, awake and do not stop until the goal is reached**